

Early Warning Signs of an Unhealthy Relationship

Your partner...

1. Is very jealous of your friends
2. Tries to control your behavior or the way you think
3. Gets to know you very quickly
4. Blames other people for their problems. Example “you make me mad”
5. Is easily insulted
6. Hurts animals or children
7. Forces you to have sex
8. Calls you names and makes you feel bad
9. Has abused other people or animals in the past
10. Makes threats of being violent to get what he or she wants
11. Breaks things on purpose

