



Phrases to be written on stickies– Session 4

Can Do Words	No Can Do Words
I'll do it	Maybe I'll try
I can do better	That's just the way I am
Let's look at all the options	There's nothing I can do
I choose to	I have to
There's gotta be a way	I can't
I'm not going to let your bad mood rub off on me.	You ruined my day
I will do it right now	It's not my fault
Can we talk about this first?	I just can't decide
I'm sorry I didn't mean that	Who does he think he is anyway?
I didn't see it that way. Thanks for letting me know	Leave me alone, you jerk! It's non of your business
If I get stuck I will speak up and ask for help	That's unfair