

Transportation



YOU MAY WANT TO INCLUDE....

- Bus schedules and numbers

Rideshare  Information



- Deviated Bus Routes
- Car records, Good News Garage



- Safety Information
- Taxi numbers (Ready to Go: rides for low-income Vermonters to jobs)



- Driver Training and adaptive equipment
- Volunteer Driver programs



- Mobility Training Information

Transportation *by Max Barrows*



Soon you will be leaving high school. It is important to start thinking about ways that you can get around after you've graduated.

Like most students when I was in high school, I got rides on the bus and from my parents. Now that I am out, there is no school bus and my parents can't take me as often. I realize now that they had busier lives than I was ever aware of. So, I needed to find other ways to get to work, friends, meetings, etc. I learned in high school how to take the public bus, but it turns out that I only use it rarely. What I have learned since is that you can request a bus route deviation. This is asking for the bus to go up to a mile from the closest bus route to your house. Another thing I've learned is that there are often Volunteer Driver programs available to people with disabilities. After showing proof of your disability, you can call for a free ride with a minimum of two days notice. A third thing is that sometimes a support person can provide rides to and

from work. Before, I was totally dependent on my parents.

Learning all this has increased my feelings of independence. I used to spend a lot of time waiting for my parents to get off work. I had to hang out downtown after I was done working. Now I pretty much can go where I need to go and that feels great!

Now is the time to get out and research your transportation options. Start out with case managers, teachers, and other trusted adults. Ask them what's available. Check out the regional transportation agency in your area. You can look in the phone book, try the internet or check in information booths for schedules.

So, let's face it: your parents won't be able to drive you around forever! Start taking responsibility for your transportation needs. You'll probably feel more confident and independent!

Transportation



It's Your Choice!

How do you get from place to place now?

- Parents drive
- School bus
- Friends
- Support person drives
- Walk
- Bike
- Drive
- Wheelchair
- Public bus

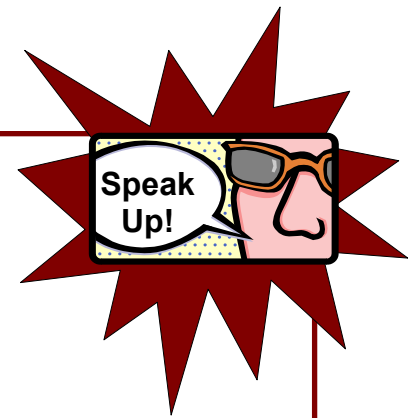
When you can get around by yourself you will have more independence.

Mark what you need to know?

- How to arrange a ride with someone I know
- How to cross the street safely
- How to ride a bike- bike safety
- How to get a motorized wheelchair
- How to take a public bus and how to read a bus schedule and pay for it
- How to call and pay for a taxi
- How to use "Ticket to Ride"
- What is a deviated bus route?
- What about driving? How can I know if I can drive? Driver Education? Insurance? Buying a car?
- Planning ahead- you need time to make arrangements

Your parents will get tired of driving you around. You won't be able to go places, if you can't get there.

Transportation



Let your team know transportation is very important to you.

I will talk to _____ about bringing this up at a Team Meeting.
(name a person on your team)

Public Transportation Etiquette

- If you have to stand don't block the doors.
- Courtesy seats are for people with disabilities or seniors.
- Personal audio devices– if people around you can hear your music, it is too loud.
- Food– moving vehicles and food don't mix. Don't eat or drink in vehicles.
- Cell phones– keep your voice down. Everyone around you doesn't want to hear your conversation.
- Backpacks and bags should be put on the floor, but not in the aisle. Your bag doesn't really need a seat!
- Personal Hygiene– on a crowded bus people around you will appreciate it if you use deodorant. Use perfumes and colognes sparingly. Some people are allergic.