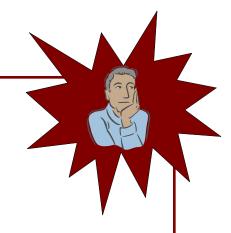


YOU MAY WANT TO INCLUDE....



Registering to Vote



Political candidates and their views



Voting accommodations



Getting to the polls

Voting By Todd Washburne

Voting is something that I know a lot about. I voted for the first time at the age of 40. I told my mother and father that I would like to vote.

They asked me some questions about voting, and checked to be sure I had logical thinking on some of the issues. They wanted to make sure that I was voting for all the right reasons.

Next I went to the town clerk of the town that I live in. He administered the Freeman's Oath and explained the process. I was able to take the absentee ballot home to look over before I actually made my choices. This process helped me to understand the details of how the whole thing works and how easy it is. Thinking about my options ahead of time was very helpful for marking my ballot. When I had

made all my choices I took my ballot to the Town Hall and they put it in the box.

I think that I learned a lot from voting.
I believe that everyone should vote.
That way they can have a say in how our government is run, and can't

complain about who we have in the government. I feel that every citizen is better off if they take an active interest in politics and go to the polls at every opportunity.

I am proud that I am a registered voter. The political news is now more important to me than ever before and I look forward to casting my vote for the candidates of my choice. I believe you should consider political life as part of your role as an adult and exercise your right to vote.

It is every citizen's right to vote.

If you are 18 or older, it is your right to vote. It is your responsibility to:

- 1. Register to vote
- 2. Find out about the candidates and issues
- 3. Go to the polls and cast your ballot

You may have questions about voting. Ask your parents, teachers, support worker or other self-advocates about voting. Keep asking until you find someone to help you.

There are many websites to visit to learn about voting.

www.votegopher.com www.lwv.org





Did you know?

Green Mountain Self-Advocates teach a workshop on voting rights for youth and adults with developmental disabilities. It includes segments on:

- 1. Voting rights
- 2. Debunking the myths about why people don't vote
- 3. How to register to vote
- 4. How to decide who to vote for

For information call 1-802-229-2600

Or email: gmsa@sover.net

It's Your Choice!

My Vote By Jeffery Ridgeway

They say I can't vote.

They say the decision is not mine.

They say I don't understand.

I guess they think they're being kind.

I wonder what they would say or think if they only knew

That when they call the President "Our President,"

I want to call him mine, too.

If I never get the chance to vote

pulling the lever, punching the card or writing his name down-

I stay the same – misinformed, unchanged, not empowered.

That is what this world expects me to be.

But I want so much more!!!

I want to be the most educated – the most informed –

the most totally changed – the most totally empowered person I can be when I vote.

I can make a difference and then I can say with pride,

"Not yours,

not theirs,

but my President

because I helped put him

there."





Let your team know voting is very important to you



Who will you talk to?

What kind of help do you need?

- ☐ Answering your questions about voting
- ☐ Registering to vote
- ☐ Finding out about who to vote for
- ☐ Making decisions
- ☐ Getting a ride to the polls
- ☐ Help filling out the ballot