On March 11, 2021 it Might Be Your Turn to Sign up for a COVID-19 Vaccine

If you have any of these health conditions you can start signing up to get a vaccine on March 11th.

- Down syndrome
- Type 1 and Type 2 Diabetes
- People with Intellectual Disabilities who have an IQ of 70 or below. This is only some people with an intellectual disability. If you get developmental services or you were in special education your IQ score is on your records.
- Current cancer - any kind of cancer you have now
- Pregnancy

Ask your doctor if you think you might have any of these health conditions. If you get services ask your case manager or the nurse at your agency.

- Severe obesity – is anyone more than 100 pounds overweight. Doctors use a chart to find out if you have severe obesity. It is called Body Mass Index, or BMI. Ask your healthcare provider if your BMI is 40 or above.

Green Mountain Self-Advocates with support from the Vermont DD Council and Families First
- **COPD** - Chronic Obstructive Pulmonary Disease including emphysema and chronic bronchitis. These lung diseases make it hard to breathe.

- **Chronic kidney disease** – Your kidneys are an important organ in your body that makes urine. Kidneys remove waste and water from your blood.

- **Heart disease** – for example if you had a heart attack or heart failure. The list only includes serious heart problems. It does NOT include high blood pressure.

- **Immunocompromised** – a weakened immune system. The part of your body that fights off viruses and infections is not working well. This might be due to:
  - organ transplant
  - blood, or bone marrow transplant
  - or HIV

- **Other Chromosomal disorders** including:
  - Angelman syndrome
  - Prader-Willi syndrome
  - Fragile X syndrome
  - Cri-du-chat syndrome

- Disabilities that have a bad effect on your lungs. For example, muscular dystrophy, spina bifida, and multiple sclerosis. These conditions might make it hard to breathe.

- **Sickle cell disease**

**Click here for more information** about vaccines or call 855-722-7878