



Voices and Choices Conference

May 11 & 12 2026

**DoubleTree by Hilton
Burlington, Vermont**

**Hosted by
Green Mountain Self-Advocates**

Technology that Supports Choice, Voice, and Freedom

Theme



People with disabilities using AI to make life easier and more accessible

CONFERENCE AGENDA

Monday, May 11



Registration
Check-in to hotel

3:00 - 6:00 pm



Art Projects, Storytelling
Talent Show *and more...*

4:00 - 6:00 pm



Dinner, Awards
& Cash Bar

6:30 - 8:00 pm



Music & Dancing

8:00 - 11:00 pm

Tuesday, May 12



Registration
for Day 2

8:30 - 9:30 am



Opening and Keynote

9:30 - 10:30 am



Workshop Session 1

10:45 - 12:00 pm



Lunch & Awards

12:00 - 1:30 pm



Workshop Session 2

1:45 - 3:00 pm



Closing

3:00 pm

Times subject to change

CONFERENCE HIGHLIGHTS

LOCATION

Double Tree by Hilton
870 Williston Rd
Burlington, VT

Our Technology Stories

Would you like to star in a video about how technology helps you do more on your own? Share your story about how using technology helps you speak up, make choices, and stay independent.

GMSA Swag!

Don't forget to bring extra spending money so you can buy your conference T-shirts, sweatshirts, posters, bags & more!

Entertainment

Dinner and dance party in the Emerald Ballroom.

REGISTRATION FORM

This conference is for people with developmental disabilities and their supporters. Every person who attends (***including a support person***) must register and pay.

Name: _____

To receive conference updates we need your email and/or cell number for texting.

Please write clearly! Thanks!

Your E-mail Address _____

Mobile Number _____ Your group/agency/school: _____

The only way to register is to complete this form and mail it in with a check. We do not accept forms emailed, over the phone or on the day of the conference.

LAST day to register is May 1, 2026 ~ unless we sell out!

ACCOMMODATIONS: Tell us what accommodations you need by 4/11/26

- Sign Language Interpreter
 Large Print
 Digital Version of Program
 Vegetarian Meals
 Sugar-free desserts
 Gluten Free

CONFERENCE REGISTRATION OPTIONS: CIRCLE ONLY ONE!

PLAN	DESCRIPTION	Early Registration	Late Registration
A	FULL CONFERENCE May 11 & 12 All events & meals on Monday & Tuesday (does not include hotel)	\$160 Due April 21, 2026	\$200 Last Day is May 1st but hotel rooms sell out early
B	MAY 12 TH - TUESDAY ONLY TUESDAY events and meals.	\$80 Due April 21, 2026	\$100 Last day to sign up is May 1st

YOU CANNOT REGISTER FOR MONDAY ONLY

CONFERENCE HOTLINE
If you have questions
call: (800) 564-9990
or email
conference@gmsavt.org



Make checks payable to "GMSA"
and include payment with this form.

Mail to: GMSA
2 Prospect St #6, Montpelier, VT 05602

Standard Hotel Room

HOTEL REGISTRATION

The cost for a **standard** hotel room is \$140 for Monday night.
Rooms have 1 bed or 2 beds or 1 bed and sofa bed.
You must find your own roommates.

Plan	How many people will be in your room?	Who will be staying in the room?	You Pay
1	1 person in a room	Just me, I am staying alone Your name: _____	\$140
2	2 people in a room each person pays \$70	Your name: _____ Roommate: : _____	\$70
3	3 people in a room each person pays \$47	Your name: _____ Roommate 1: _____ Roommate 2:: _____	\$47
4	4 people in a room each person pays \$35	Your name: _____ Roommate 1: _____ Roommate 2: _____ Roommate 3:: _____	\$35

Make checks payable to "GMSA" and include payment with this form.

Send to: GMSA, 2 Prospect Street #6, Montpelier, VT 05602

- Need a room with 2 beds (only 100—once those are gone you will get a room with 1 queen and sofa bed)
- Need a wheelchair accessible room. (There only a few **and they only have 1 bed**)
- Need a room located **near** another guest (name of guest): _____

Cots are NOT an option. According to the hotel, putting a cot in a double room violates the fire code.

My conference fee is: (Plan A or B) \$ _____

My hotel fee is: (Plan 1, 2, 3, or 4) \$ _____

Total Amount Due and Enclosed: \$ _____

LAST day to get a hotel room is May 1, 2026
But we ALWAYS sell out so register early.



Monday Afternoon



ART

TALENT
SHOW

MUSIC

This conference is for **ALL** people with developmental disabilities and their friends, families, teachers, providers and allies. We want to share our enthusiasm for encouraging youth and adults with disabilities to speak up for themselves. As always, we will have 20+ different workshops about our experiences with self-advocacy.

Here's a partial list of workshops under consideration. You do not need to sign up for workshops now. You will pick your workshops at the conference.



☀ Date Like A Pro ☀ Living a Healthy & Balanced Life ☀ Using Technology to Get a Job
Staying Safe on the Internet ☀ Do the Things You Love, and Live Your Best Life! ☀
Going To College ☀ Setting Up a Smart Home ☀ Artificial Intelligence and Chat GPT ☀

This conference is hosted by Green Mountain Self-Advocates

Self-advocacy is...



- ▣ speaking up for yourself and others
- ▣ getting to know yourself, being proud and feeling good



- ▣ getting to know the people around you, making friends
- ▣ realizing you are not alone, that there are other people just like you



- ▣ learning new things, solving problems, making your case, negotiating for what you want
- ▣ making your own decisions and knowing your responsibilities



- ▣ thinking of all the other civil rights movements and preserving your rights
- ▣ being part of your community



Self-advocacy is teamwork...



- ▣ listening to people's ideas and respecting their opinions
- ▣ NOT judging people because of the way they look or speak

- ▣ meeting politicians and telling them like it is
- ▣ spreading the word and getting others involved in self-advocacy, especially teens.



- ▣ helping others become leaders. Feel the Power!